

# Pre-Season High School Conditioning Camp

With Bob Melton and NT Coaching Staff

At Winnetka Ice Arena

Head Coach - New Trier Green

Hockey Director – New Trier Hockey Club

NTG Six Time State Champions in Last Eleven Years!

Nine 80 Minute Sessions Per Group!

High Tempo Drills and Scrimmages

Prepare yourself for New Trier Tryouts!

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## Group #1 (A-L)

Fri 8/8 5:00 – 6:20  
Sat 8/9 2:00 – 3:20  
Sun 8/10 2:00 – 3:20  
Tue 8/12 8:10 – 9:30  
Thu 8/14 8:10 – 9:30  
Sat 8/16 3:30 – 4:50  
Sun 8/17 10:30 am – 11:50 am  
Tue 8/19 8:30 – 9:50  
Thu 8/21 8:30 – 9:50

## Group #2 (M-Z)

Fri 8/8 6:30 – 7:50  
Sat 8/9 3:30 – 4:50  
Sun 8/10 3:30 – 4:50  
Wed 8/13 8:10 – 9:30  
Sat 8/16 2:00 – 3:20  
Sun 8/17 9:00 – 10:20 am  
Tue 8/19 7:00 – 8:20  
Wed 8/20 8:30 – 9:50  
Thu 8/21 7:00 – 8:20

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## High School Clinic Application

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Enclose Check for \$250 (Goalies \$150) Payable to Bob Melton & Mail To:

Bob Melton  
626 Long Road  
Glenview, Il 60025

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